

# Health empowerment in Kurdistan of Iraq

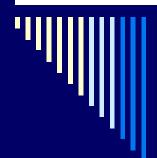
French – Kurdistan Health Committe



### Introduction 2 parts

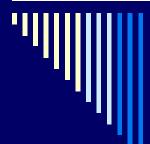
■ I. Key issues

□ II. Main suggestions to improve the situation



#### I. Key issues

- Current health situation
- Institutional analysis
- Organisational analysis
- Economical analysis
- ☐ Health issues



### Current health situation in Kurdistan

- A mixed picture: balance between healthcare utilisation and health indicators?
  - Relatively high infant and maternal mortality rate, low life expectancy

#### But

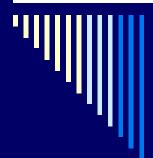
 Health coverage quite good with infrastructures to population, number of physicians to population, and use of services including hospital, satisfactory



?

Access to primary care is inadequate, unequal for the whole population, specially for disadvantaged people

- The rising burden of cardiovascular diseases and other noncommunicable diseases (Cancer, diabetes...)
- Mental health problems

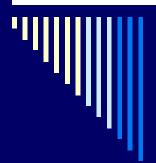


### Institutional approach (1)

- Organisation is highly compartmentalised
- Relation between KRG's MOH and central MOH is not clear (Decentralisation)
- Other institutional actors:
  - The parliamentary Commission
  - The doctor's syndicate
  - Pharmacists' Board
- Health policy: No global strategies

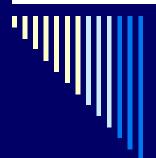


- Little or no means of monitoring and anticipating investments
- Human resources are not subject to any planning (according to needs)
- System functions according to the expressed demand and not to defined needs
- A lack of management and accountancy skills
- No economic evaluation or information system



### Organisational approach

- Primary health care sector: 1.6 health consultations per person (outpatient centres)
- Hospital health care: rather old, but sufficient to treat everybody
- Private health sector: financed by out-ofpocket payments
- System works on a part time basis



#### Economical approach

- Human resources: there will be 1 doctor for 1,000 inhabitants (2,000 doctors currently trained)
- □ Financial means:
  - Health spending: 63\$ per inhabitant for 2008 but 147\$ for 2009
  - To keep building hospitals and health centres without evaluating what already exist



#### Health issues

- Patients have limited importance in the healthcare system
- Medical care quality
  - Quality is not evaluated (no standards)
  - Public system provides health care to all, free of charge
  - Private sector does not fulfil its medical goal
- Strategies needed
  - Regulation of private health sector and public one in a certain way
  - Articulate public and private sectors



### II. Main suggestions

According to 5 axes



### Suggested improvement

- Institutional reform
- The patients' positioning in the health system
- Prevention of non communicable diseases
- Articulation of the public and private sectors
- Financing



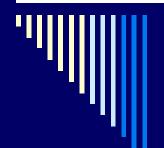
#### 1. Institutional reform

- Implementing and operating health facilities
- Monitoring investments and human resources
- Building a system according to health needs
- Accountability of the public health sector
- Develop economic evaluation



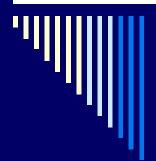
### 2. The patients' positioning in the health system

- Citizens' and patients' rights should become as a key starting point of health policy
- Promoting education
- Reducing inequities in health, in gender
- Civil society should become involved in health policy-making
- A need for increasing trust in public health facilities
- Increasing doctor-to-patient confidentiality is essential



### 3. Prevention of non communicable diseases

- Promoting health
  - Addressing the major changes in lifestyles to promote better health and reduce the risk factors for chronic diseases and accidents.
  - Targeting children and teenagers
- Establishing an effective health information system
- Strengthening <u>surveillance</u> of health determinants, major risks, disease morbidity and mortality.



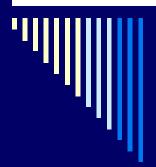
### 4. Articulation of the public and private sectors

- To promote public / private complementarities
  - The regulatory standard guideline for behavioural change
  - Readjusting the public / private competition
  - Acting upon demand (promote quality care, patients' rights)
- Accreditation (quality principle)



#### 5. Financing

- Health insurance system (too early)
- One must know what has to be paid and how much
  - Standard measuring tools to determine what is being produced
  - The value of what is produced and rates to bill



### Conclusion (1) short-term concerns

- To reform institutions
- □ To train staff to management, to public health...
- Patients' rights, women's rights
- Prevention of non-communicable diseases
- □ To continue to improve mortality trends for infant and mother



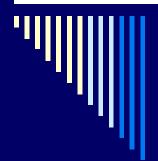
### Conclusion (2) mid-term concerns

- Gender equality and empower women
- Sanitary control (Food and water)
- Creation of a cost recovery system in the public sector



## Conclusion (3) long-term concerns

- Health insurance system
- A national health system for all Iraq



#### Final conclusion

All suggestions made are coherent with those formulated at
The Iraq Health Investment summit
19-20 February 2009
Istanbul, Turkey



### One thing for sure...

...In Kurdistan, there is not so much to do to improve health system





### THANK YOU